

Gary Epstein-Lubow, MD

PUBLICATIONS LIST

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

- 1) Sundaram V, Hanna AN, Lubow GP, Koneru L, Falko JM, Sharma HM; "Inhibition of LDL Oxidation by Oral Herbal Mixtures Maharishi Amrit Kalash-4 and -5 in Hyperlipidemic Patients." *The American Journal of the Medical Sciences*, 1997 Nov, V 314, N 5, pgs 303 – 310.
- 2) Epstein-Lubow G, Hochstadt J, Lieberman P, Kaplan GB: Speech Production in Schizophrenia: Preliminary Data Regarding Voice Onset Time [Research Letter]. *Schizophrenia Research*, 2006 Feb, V 82, N 2-3, pgs 267 – 269.
- 3) Epstein-Lubow G, Davis JD, Miller IW, Tremont G: Persisting Burden Predicts Depressive Symptoms in Dementia Caregivers. *Journal of Geriatric Psychiatry and Neurology*, 2008 Sep, V 21, N 3, pgs 198 – 203.
- 4) Epstein-Lubow G, Beevers CG, Bishop DS, Miller IW: Family Functioning is Associated with Depressive Symptoms in Caregivers of Acute Stroke Survivors. *Archives of Physical Medicine and Rehabilitation*, 2009 Jun, V 90, pgs 947 - 955.
- 5) Gaudio BA, Epstein-Lubow G, Miller IW: Does the Dexamethasone Suppression Test Reliably Discriminate Between Psychotic and Nonpsychotic Major Depression? An Exploratory Analysis of Potential Confounds. *Journal of Nervous and Mental Disease*, 2009 Jun, V 197, N 6, pgs 395 - 400.
- 6) Epstein-Lubow G, Gaudio BA, Hinckley M, Salloway S, Miller IW: Evidence for the validity of the American Medical Association's Caregiver Self-Assessment Questionnaire as a screening measure for depression [Research Letter]. *Journal of the American Geriatrics Society*, 2010 Feb, V 58, N 2, pgs 387 - 388.
- 7) Uebelacker LA, Tremont G, Epstein-Lubow G, Gaudio BA, , Gillette T, Kalibatseva Z, Miller IW: Open trial of Vinyasa yoga for persistently depressed individuals Evidence of feasibility and acceptability. *Behavior Modification*, 2010 May, V 34, N 3, pg 247 – 64.
- 8) Malloy P, McLaughlin NCR, Epstein-Lubow G, Doughty A, Marino L, Milner M: The Severe Impairment Battery Predicts Functional Abilities in an Inpatient Geriatric Population. *Applied Neuropsychology*, 2010 Jul, V 13, N 3, pg 172-6.
- 9) Epstein-Lubow G, McBee L, Darling E, Armev A, Miller IW: A Pilot Investigation of Mindfulness-Based Stress Reduction for Caregivers of Frail Elderly. *Mindfulness*, 2011 Feb V 2, pg 95 - 102.
- 10) Epstein-Lubow G, Gaudio BA, Darling E, Hinckley M, Tremont G, Kohn R, Marino L, Salloway S, Grinnel R, Miller IW: Differences in Depression Severity in Family Caregivers of Hospitalized Individuals with Dementia and Family Caregivers of Outpatients with Dementia. *American Journal of Geriatric Psychiatry*, 2012 Sep; V 20, N 9, pg 815-819.
- 11) Gaudio BA, Nowlan K, Brown L, Epstein-Lubow G, Miller IW: An Open Trial of a New Acceptance-Based Behavioral Treatment for Major Depression with Psychotic Features. *Behavior Modification* (In Press).

OTHER PEER-REVIEWED PUBLICATIONS

- 1) Epstein-Lubow G, McBee L, Miller IW: Investigating Mindfulness Training for Caregivers [Letter to the editor]. *Psychiatric Services*, 2006 Mar, V 57, N3, pg 421.
- 2) Kohn R, Epstein-Lubow G: Course and Outcomes of Depression in the Elderly. *Current Psychiatry Reports*, 2006 Feb, V 8, pgs 34 - 40.
- 3) Gaudio BA, Epstein-Lubow G: Controversies about Antidepressants and the Promotion of Evidence-Based Treatment Alternatives for Depression. *The Scientific Review of Mental Health Practice*, 2007, V 5, N 1, pgs 33 - 52.
- 4) Epstein-Lubow G; Family Caregiver Health: What To Do When a Spouse or Child Needs Help. *Medicine & Health Rhode Island*, 2009 Mar, V 92, N 3, pgs 101 – 102.
- 5) Gaudio BA, Uebelacker LA, Epstein-Lubow G, Miller I W. Premature conclusions about psychotherapy for dysthymia [Letter to the editor]. *Journal of Clinical Psychiatry*, 2009 Aug; V 70, N 8, pgs 1188 - 1189.
- 6) Uebelacker LA, Epstein-Lubow G, Gaudio BA, Tremont G, Battle CL, Miller IW: Hatha yoga for depression: Critical review of the evidence for efficacy, plausible mechanisms of action, and directions for future research. *Journal of Psychiatric Practice*, 2010 Jan V 16, N 1, pg 22-33.
- 7) Epstein-Lubow G, Fulton AT, Gardner R, Miller IW: Post-Hospital Transitions: Special Considerations for Individuals with Dementia. *Medicine & Health Rhode Island*, 2010 Apr V 93, N 4, pg 125-7.
- 8) Epstein-Lubow G, Rosenzweig A: The Use of Antipsychotic Medication in Long Term Care. *Medicine & Health Rhode Island*, 2010 Dec; V 93, N 12, pg 372, 377-378.
- 9) Epstein-Lubow G: Clinicians and Caregivers. *Medicine & Health Rhode Island*, 2011 Feb; V94, N 2, pg 33.
- 10) Tuya Fulton A, Epstein-Lubow G: Family Caregiving at the End of Life. *Medicine & Health Rhode Island*, 2011 Feb; V94, N 2, pg 34 – 35.
- 11) Epstein-Lubow G, Tuya Fulton A: Post-Hospital Transitions for Individuals with Moderate to Severe Cognitive Impairment. *Annals of Long Term Care: Clinical Care and Aging* 2012 Mar; V20, N 3, pg 18-24
- 12) Epstein-Lubow G: Family Caregiving During Healthy Aging and Illness. *Medicine & Health Rhode Island*, 2012 Jul; V95, N 7, pg 222 – 23.
- 13) Szanto K, Lenze E, Waern M, Duberstein P, Bruce M, Epstein-Lubow G, Conwell Y: Research to reduce the suicide rate in older adults: methodology roadblocks and candidate paradigms. *Psychiatric Services* (In Press).

BOOKS AND BOOK CHAPTERS

- 1) Epstein-Lubow G, Major Depressive Disorder. In Wachtel, T. ed. *Geriatric Clinical Advisor: Instant Diagnosis and Treatment*. Philadelphia, PA: Elsevier 2006.
- 2) Gaudio BA, Epstein-Lubow G (2008). Controversies about antidepressants and the promotion of evidence-based treatment alternatives for depression. In S. O. Lilienfeld, J. Ruscio, & S. J. Lynn (Eds.), *Navigating the minefield: A guide to separating science from pseudoscience in mental health* (pp. 479-522). Prometheus Books: Amherst, NY. [Reprint]

ABSTRACTS

- 1) Sharma HM, Hanna AN, Titterington LC, Lubow GP, Stephens RE; "The Antioxidant Activity of Maharishi Amrit Kalash (MAK-4 and MAK-5), Estrogen and Vitamin C." Presented at the Scientific Conference on Atherosclerosis, Thrombosis, and Proliferation, American Heart Association, Orlando, Florida, February 23-26, 1994.
- 2) Sundaram V, Hanna AN, Lubow GP, Falko JM, Sharma HM; "Increased Resistance of Human LDL to Oxidation in Hyperlipidemic Patients Supplemented with Oral Herbal Mixture MAK-4." *FASSEB Journal*; 1995, V 9, N 3, p. A141
- 3) Sundaram V, Hanna AN, Koneru L, Lubow GP, Sharma HM, Falko JM; "The Effect of Oral Herbal Mixtures, Maharishi Amrit Kalash (MAK) 4 and 5 on Lipoproteins and LDL Oxidation in Hyperlipidemic Patients." *Journal of Investigative Medicine*; 1995, 43 (Suppl. 3) 483A
- 4) Lubow GP; "A Spiritual Intervention in Community Psychiatry." American Medical Student Association 1996 Poster Session and Presentation, Washington, DC
- 5) Epstein-Lubow GP, Bishop DS, Derrick B, Miller IW; "Depressive Symptoms in Geriatric Caregivers of Acute Stroke Patients." American Association for Geriatric Psychiatry 17th Annual Meeting, Feb 21-24, 2004
- 6) Epstein-Lubow G, Bishop DS, Miller IW: "Depressive Symptoms in Geriatric Caregiver of Acute Stroke Patients" The American Psychiatric Association, Annual Meeting, 2004; New York, NY
- 7) Miller IW, Bishop DS, Epstein-Lubow G: "Treatment of Depression in Stroke Patients and Caregivers: The FITT Study" The Association for Advancement of Behavior Therapy, Annual Meeting, November, 2004; New Orleans, LA
- 8) Epstein-Lubow G, Davis JD, Miller IW, Tremont G: Persisting Burden Predicts Depression in Dementia Caregivers. The American Association for Geriatric Psychiatry, Annual Meeting, March 12, 2006; San Juan, PR.
- 9) Epstein-Lubow G, McBee L, Miller IW: Mindful Caregiving: A Pilot Study of Mindfulness Training for Caregivers of Frail Elderly. The American Association for Geriatric Psychiatry, Annual Meeting, March 3, 2007; New Orleans, LA.
- 10) Epstein-Lubow G, McBee L, Miller IW: Mindfulness and the Perception of Burden in Family Caregivers of Frail Elderly. The Center for Mindfulness in Medicine, Health and Society, Annual Meeting, March 30, 2007; Worcester, MA.
- 11) Epstein-Lubow G, Hinckley M, Miller IW: A Comparison of Brief Screening Measures for Caregivers. The American Association for Geriatric Psychiatry, Annual Meeting, March 15, 2008; Orlando, FL.
- 12) Epstein-Lubow G, Hinckley M, Darling E, Miller IW: Family Caregivers of Hospitalized Patients with Dementia Report Greater Depressive Symptoms than Caregivers of Outpatients with Dementia, The American Psychiatric Association, Annual Meeting, May 18, 2009; San Francisco, CA.
- 13) Miller IW, Bishop DS, Epstein-Lubow G: Reduction in Post-Stroke Depressive Symptoms among Patients and Caregivers: The FITT Study. The American Association for Geriatric Psychiatry, Annual Meeting, Savannah, GA; March, 2010.
- 14) Gaudio BA, Epstein-Lubow G, Miller IW: "An Open Trial of Acceptance-Based Behavioral Therapy for Psychotic Depression." Association for Behavioral and Cognitive Therapy, Annual Meeting, November 11, 2011; Toronto, ON.

- 15) Epstein-Lubow G, Baier R, Butterfield K, Gardner R, Babalola E, Coleman EA, Gravenstein S: Does Including Caregivers Enhance Efficacy and Improve Recruitment into a Post-Discharge Coaching Intervention.” The American Association for Geriatric Psychiatry, Annual Meeting, Washington, DC: March, 2012.
- 16) Epstein-Lubow G, Kraines M, Gaudiano B, Salloway S, Tremont G, Miller IW: “Differences in Burden Severity in Adult-Child Caregivers and Spousal Caregivers of Individuals with Dementia.” The Association for Behavioral and Cognitive Therapy, Annual Meeting, National Harbor, MD: November, 2012.