

Bernadine Pinto, Ph.D.

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ORIGINAL PUBLICATIONS IN PEER REVIEWED JOURNALS

1. **Pinto, B. M.** & Fuqua, R. W. (1991). Behavioral procedures in training breast self-examination: A research review. *Health Education Quarterly*, 18, 495-516.
2. **Pinto, B. M.** (1993). Training and maintenance of breast self-examination skills. *American Journal of Preventive Medicine*, 9, 353-358.
3. Marcus, B. H., **Pinto, B. M.**, Audrain, J. E., Simkin, L. R., & Taylor, E. R. (1994). Physical activity behavior among female employees. *American Journal of Health Promotion*, 9, 49-55.
4. Mosley, T. H., Perrin, S. G., Neral, S. M., Dubbert, P. M., Grothues, C. A., & **Pinto, B. M.** (1994). Stress, coping and well-being among third year medical students. *Academic Medicine*, 69, 765-767.
5. **Pinto, B. M.** & Marcus, B. H. (1994). Physical activity, exercise and cancer in women. *Medicine, Nutrition, Exercise, and Health*, 3, 102-111.
6. Marcus, B. H., **Pinto, B. M.**, Clark, M. M., DePue, J., Goldstein, M. G. & Silverman, L. S. (1995). Physician delivered interventions for dietary and exercise promotion. *Medicine, Exercise, Nutrition & Health*, 4, 325-334.
7. **Pinto, B. M.** & Marcus, B. H. (1995). A stages of change approach to understanding college students' physical activity. *Journal of American College Health*, 44, 27-31.
8. Borrelli, B., Bock, B., King, T., **Pinto, B. M.**, & Marcus, B.H. (1996). The impact of depression on smoking cessation in women. *American Journal of Preventive Medicine*, 12, 378-387.
9. King, T.K., Marcus, B.H., **Pinto, B. M.**, Emmons, E.M., & Abrams, D.B. (1996). Cognitive-behavioral mediators of changing multiple behaviors: smoking and a sedentary lifestyle. *Preventive Medicine*, 25, 684-691.
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12. **Pinto, B. M.**, Marcus, B. H. & Clark, M. M. (1996). Promoting physical activity in women: the new challenges. *American Journal of Preventive Medicine*, 12, 395-400.

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14. King, T.K., Borrelli, B., Black, C., **Pinto, B. M.**, & Marcus, B.H. (1997). Minority women and tobacco: Implications for interventions. *Annals of Behavioral Medicine*, 19, 301-313.
15. Marcus, B.H., Goldstein, M.G., Jette, A., Simkin-Silverman, L., **Pinto, B. M.**, Milan, F., Washburn, R., Smith, K., Rakowski, W., & Dube, C. (1997). Training physicians to conduct physical activity counseling. *Preventive Medicine*, 26, 382-388.
16. Mosely, T.H., Dubbert, P.M., **Pinto, B. M.**, Grothues, C.A., Isbell, T.R. & Randall, N. (1997). Perceived health, stress, and coping in women veterans. *Federal Practitioner*, 14, 53-61.
17. Patterson, R.B., **Pinto, B. M.**, Marcus, B.H., Colucci, A., Braun, T. & Roberts, M. (1997). The value of a supervised exercise program for the therapy of arterial claudication. *Journal of Vascular Surgery*, 25, 312-319.
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19. **Pinto, B. M.**, Cherico, N., Szymanski, L., & Marcus, B.H. (1998). Longitudinal changes in exercise participation among college students. *Journal of American College Health*, 47, 23-27.
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21. **Pinto, B. M.**, Goldstein, M.G., & Marcus, B.H. (1998). Activity counseling by primary care physicians. *Preventive Medicine*, 27, 506-513.
22. **Pinto, B. M.**, Maruyama, N.C., Engebretson, T.O., & Theborge, R.W. (1998). Participation in exercise, mood and coping in survivors of early-stage breast cancer. *Journal of Psychosocial Oncology*, 16, 45-58.
23. Marcus, B.H., Bock, B.C., **Pinto, B. M.**, Forsyth, LH, Roberts, M.S. & Traficante, R.M. (1998) Efficacy of an individualized, motivationally-tailored physical activity intervention. *Annals of Behavioral Medicine*, 20, 174-180.
24. **Pinto, B. M.**, Borrelli, B., King, T.K., Bock, B., Clark, M.M. & Marcus, B.H. (1999). Weight control smoking among sedentary women. *Addictive Behaviors*, 24, 75-86.

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26. Goldstein, M.G., **Pinto, B. M.**, Marcus, B.M. et al. (1999). Physician-based physical activity counseling for middle-aged and older adults: A randomized trial. *Annals of Behavioral Medicine*, *21*, 40-47.
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29. **Pinto, B. M.**, Eakin, E., & Maruyama, N. C. (2000). Health behavior changes after a cancer diagnosis: What do we know and where do we go from here? *Annals of Behavioral Medicine*, *22*, 38-52.
30. **Pinto, B. M.**, Lynn, H., Marcus, B. H., DePue, J.D., & Goldstein, M.G. (2001). Physician-based activity counseling: Intervention effects on mediators of motivational readiness for physical activity. *Annals of Behavioral Medicine*, *23*, 2-10.
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35. King, A.C., Friedman, R., Marcus, B., Castro, C., Forsyth, L., Napolitano, M., & **Pinto, B.M.** (2002). Harnessing motivational forces in the promotion of physical activity: The Community Health Advice by Telephone (CHAT) Project. *Health Education Research*, *17*, 627-636.

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36. **Pinto, B. M.**, Clark, M.M., Maruyama, N. C., Cruess, D., Park, E., & Roberts, M. (2002). Motivation of women treated for breast cancer to change lifestyle risk factors. *Mayo Clinic Proceedings*, 77, 122-129.
37. **Pinto, B. M.**, Trunzo, J. J., Reiss, P., & Shiu, S. (2002). Exercise participation after diagnosis of breast cancer: Trends and effects on mood and quality of life. *Psycho-Oncology*, 11, 389-400.
38. **Pinto, B. M.**, Clark, M. M., Maruyama, N. C., & Feder, S. I. (2003). Psychological and fitness changes associated with exercise participation among women with breast cancer. *Psycho-Oncology*, 12, 118-126.
39. **Pinto, B.M.**, Friedman, R., Marcus, B.H., Kelley, H., Tennstedt, S. & Gillman, M.(2002) Effects of a computer-based counseling system on physical activity. *American Journal of Preventive Medicine*, 23, 113-120.
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42. **Pinto, B. M.** & Trunzo, J. J. (2004). Body esteem and mood among breast cancer survivors: Sedentary vs. regular exercisers. *Mayo Clinic Proceedings*, 79, 181-186.
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45. **Pinto, B. M.**, Frierson, G., Rabin, C., Trunzo, J. & Marcus, B. (2005). A home-based physical activity intervention for breast cancer patients. *Journal of Clinical Oncology*, 23, 3577-3587.
46. Demark-Wahnefried, W., Aziz, N., Rowland, J. & **Pinto, B. M.** (2005). Riding the crest of the teachable moment: Promoting long-term health after the diagnosis of cancer. *Journal of Clinical Oncology*, 23, 5814-5830.
47. **Pinto, B. M.**, Goldstein, M.G., Ashba, J., Jette, A., & Sciamanna, C. (2005). Physical activity counseling for older primary care patients. *American Journal of Preventive Medicine*, 29, 247-255.

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48. Rabin, C., **Pinto, B. M.**, Trunzo, J., & Bucknam, L. (2006). Physical activity among breast cancer survivors: Regular exercisers vs. participants in a physical activity intervention. *Psycho-Oncology*, *15*, 344-354.
49. **Pinto, B. M.** & Trunzo, J. J. (2005). Health behaviors during and after cancer. *Cancer*, *104* (11 Suppl.), 2614-2623.
50. Politi, M., Rabin, C. & **Pinto, B.M.** (in press). Complementary and alternative medicine use among breast cancer survivors: Relationship to diet and exercise. *Supportive Care in Cancer*.
51. Lewis, B. A., Forsyth, L. H., **Pinto, B. M.**, Bock, B. C., Roberts, M., & Marcus, B. H. (2006). Psychosocial mediators of physical activity in a randomized controlled intervention trial. *Journal of Sport and Exercise Psychology*, *28*, 2,193-204.
52. Demark-Wahnefried, W., **Pinto, B. M.** & Gritz, E. (in press). Promoting health and physical function among cancer survivors: Potential for prevention and questions that remain. *Journal of Clinical Oncology*.
53. Rabin, C., Pinto, B.M., & Frierson, G. M. (2006). Mediators of a randomized controlled physical activity intervention for breast cancer survivors. *Journal of Sport & Exercise Psychology*, *28*, 269-284.

OTHER PEER-REVIEWED PUBLICATIONS

1. **Pinto, B. M.** & Goldstein, M.G. (1997). Physician-delivered physical activity counseling. *Rhode Island Medicine and Health*, *80*, 303-304.
2. **Pinto, B. M.**, & Szymanski, L. (1997). Exercise in weight management. *Rhode Island Medicine and Health*, *80*, 361-363.
3. Comtois, K., **Pinto, B. M.**, Weinberg, R. & Field, C. (2005). Strategies for advancing diversity within graduate training and internship training programs. *the Behavior Therapist*, *28*, 38-38.
4. **Pinto, B. M.**, Rabin, C. & Farrell, N. (2005). Lifestyle and coronary heart disease prevention. *Primary Care Clinics in Office Practice*, *32*, 947-962.

BOOK CHAPTERS

1. Marcus, B. H., Dubbert, P. M., King, A. C., & **Pinto, B. M.** (1995). *Exercise behavior in women: Current status and future directions*. In A. Stanton and S. Gallant (Eds.) *Women's health*.

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American Psychological Association.

2. Marcus, B.H., Bock, B.C., **Pinto, B. M.**, & Clark, M.M. (1996). *Exercise initiation, adoption and maintenance*. In J. L. Van Raalte and B. W. Brewer (Eds.) *A Practitioner's Guide to Sport and Exercise Psychology* (pp. 133-158), American Psychological Association, Washington D.C.
3. Marcus, B. H., Bock, B. C., & **Pinto, B. M.** (1997). *Initiation and maintenance of exercise behavior*. In D. Gochman (Ed.) *Handbook of Health Behavior Research Volume II: Determinants of Health Behavior* (pp. 335-352), Plenum Press, New York.
4. Goldstein, M.G., **Pinto, B. M.**, Marcus, B.H., Eaton, C.B., Menard, L.M.& Milan, F. (1999). *Office-based physical activity counseling in healthy adults*. In J. M. Rippe (Ed.), *Lifestyle Medicine*, Blackwell Science, Inc.
5. Marcus, B.H., Clark, M.M., **Pinto, B. M.**, Bock, B. C., & Tate, D. (1999). *Promoting adoption and maintenance of physical activity and dietary behavior change*. In: M. Fiatarone (Ed.), *Wellness for Women over Fifty*. Beverly Cracom: Pasadena, CA.
6. Marcus, B.H., Bock, B.C., **Pinto, B. M.**, Napolitano, M.A., & Clark, M.M. (2002). *Exercise initiation, adoption and maintenance in adults: theoretical models and empirical support*. In J. L. Van Raalte and B. W. Brewer (Eds.) *A Practitioner's Guide to Sport and Exercise Psychology* (Second Edition, pp. 185-208), American Psychological Association, Washington D.C.