

Hollie Raynor, Ph.D., R. D.

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

- 1) Epstein, L. H., Myers, M. D., **Raynor, H. A.**, & Saelens, B. E. (1998). Treatment of pediatric obesity. *Pediatrics*, *101*, 554-570.
- 2) Myers, M. D., **Raynor, H. A.**, & Epstein, L. H. (1998). Predictors of child psychological changes during family-based treatment for obesity. *Archives of Pediatric Adolescent Medicine*, *152*, 855-861.
- 3) Coleman, K. J., **Raynor, H. A.**, Mueller, D. M., Cerny, F. J., Dorn, J. M., & Epstein, L. H. (1999). Providing sedentary adults with choices for meeting their walking goals. *Preventive Medicine*, *28*, 510-519.
- 4) **Raynor, H. A.**, & Epstein, L. H. (2000). Effects of sensory stimulation and post-ingestive consequences on satiation. *Physiology & Behavior*, *70*, 465-470.
- 5) Epstein, L. H., Gordy, C. C., **Raynor, H. A.**, Beddome, M., Kilanowski, C. K., & Paluch, R. (2001). Increasing fruit and vegetable and decreasing fat and sugar intake in families at risk for childhood obesity. *Obesity Research*, *9*, 171-178.
- 6) Epstein, L. H., Roemmich, J. N., & **Raynor, H. A.** (2001). Behavioral therapy in the treatment of pediatric obesity. *Pediatric Clinics of North America*, *48*, 981-993.
- 7) **Raynor, H. A.**, & Epstein, L. H. (2001). Dietary variety, energy regulation and obesity. *Psychological Bulletin*, *127*, 325-241.
- 8) Epstein, L. H., Paluch, R. A., & **Raynor, H. A.** (2002). Sex differences in obese children and siblings in family-based obesity treatment. *Obesity Research*, *9*, 746-753.
- 9) **Raynor, H. A.**, Kilanowski, C. K., Esterlis, I., & Epstein, L. H. (2002). A cost-analysis of adopting a healthy diet in a family-based obesity treatment program. *Journal of the American Dietetics Association*, *102*, 645-650.
- 10) Epstein, L. H., Truesdale, R., Wojcik, A., Paluch, R. A., & **Raynor, H. A.** (2003). Effects of deprivation on hedonics and reinforcing value of food. *Physiology & Behavior*, *78*, 221-227.
- 11) **Raynor, H. A.** & Epstein, L. H. (2003). The relative-reinforcing value of food under differing levels of food deprivation and restriction. *Appetite*, *40*, 15-24.

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- 12) Epstein, L. H., Paluch, R. A., Kilanowski, C. K., & **Raynor, H. A.** (2004). The effect of reinforcement or stimulus control to reduce sedentary behavior in the treatment of pediatric obesity. *Health Psychology, 23*, 371-380.
- 13) **Raynor, H. A.**, Jeffery, R. W., Tate, D. F., & Wing, R. R. (2004). The relationship between changes in food group variety, dietary intake, and weight during obesity treatment. *International Journal of Obesity, 28*, 813-820.
- 14) **Raynor, H. A.**, Polley, B. A., Wing, R. R., & Jeffery R. W. (2004). Is dietary fat intake related to liking for or household availability of high- and low-fat foods? *Obesity Research, 12*, 816-823.
- 15) Epstein, L. H., Roemmich, J. H., Paluch, R. A. & **Raynor, H. A.** (2005). Physical activity as a substitute for sedentary behavior in youth. *Annals of Behavioral Medicine, 29*, 200-209.
- 16) Epstein, L. H., Roemmich, J. N., Paluch, R. A., & **Raynor, H. A.** (2005). Influence of changes in sedentary behavior on energy and macronutrient intake in youth. *American Journal of Clinical Nutrition, 81*, 361-366.
- 17) **Raynor, H. A.**, Wing, R. R., Jeffery, R. W., Phelan, S., & Hill, J. O. (2005). Amount of food group variety consumed in the diet and long-term weight loss maintenance. *Obesity Research, 13*, 883-890.
- 18) Stein, R. I., Epstein, L. H., **Raynor, H. A.**, Kilanowski, C. K., & Paluch, R. A. (2005). The influence of parenting change on pediatric weight control. *Obesity Research, 13*, 1749-1755.
- 19) **Raynor, H. A.**, Niemeier, H. N., & Wing, R. R. (2006). Effect of limiting snack food variety on long-term sensory-specific satiety and monotony during obesity treatment. *Eating Behaviors, 7*, 1-14.
- 20) **Raynor, H. A.**, & Wing, R. R. (In press). Limiting variety in snacks across days on food liking and intake. *Appetite*.

BOOKS AND BOOK CHAPTERS

- 1) Goldfield, G. S., **Raynor, H. A.**, & Epstein, L. H. (2001). Treatment of pediatric obesity. In T. A. Wadden, & A. J. Stunkard (Eds.), *Handbook of Obesity Treatment*. New York: Guilford Press.
- 2) **Raynor, H. A.**, & Wing, R. R. (2005). Weight management: Weight maintenance. In B. Caballero (Ed.), *Encyclopedia of Human Nutrition*. London: Elsevier.

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- 3) **Raynor, H. A., & Wing, R. R.** (2005). The effectiveness of popular diets: An overview. In D. J. Mela (Ed.), *Food, diet and obesity*. Boca Raton: CRC Press.
- 4) **Raynor, H. A.** (Submitted). Evidence-based treatments for childhood obesity. In E. Jelalian, & R. G. Steele (Eds.), *Handbook of Child and Adolescent Obesity*.

PUBLICATIONS SUBMITTED OR IN PREPARATION

- 1) Gorin, A., Raynor, H., Chula-Maguire, K., & Wing, R. (Submitted second revision for review – February 2006). Decreasing household television time: A pilot study of a combined behavioral and environmental manipulation.
- 2) Niemeier, H. M., Raynor, H. A., Lloyd-Richardson, E. E., Rogers, M. L., & Wing, R. R. (Submitted for review – November 2005). Fast food consumption and breakfast skipping: predictors of weight gain from adolescence to adulthood in a nationally representative sample.
- 3) Raynor, H. A., Jeffery R.W., Williamson, D., Ruggeiro, A., Delahanty, L., & Clark, J. (Manuscript in preparation). The relationship between ethnicity, gender, eating patterns, and weight loss history in persons with type 2 diabetes: Look AHEAD.
- 4) Raynor, H. A., & Wing, R. R. (Manuscript in preparation). Does portion size or amount of food affect consumption?

ABSTRACTS

- 1) **Raynor, H.** (1993, March). *Nutrition knowledge as a function of restrained eating and nutrition attitudes*. Abstracted in the Proceedings of the Western Psychological Association, Phoenix; Student Research Project.
- 2) **Raynor, H., & Zemel, P.C.** (1994, April). *Bioelectrical impedance analysis predicts body composition in pregnant women*. Abstracted in the FASEB Conference, Los Angeles.
- 3) Coleman, K. J., **Raynor, H. A.**, Mueller, D. M., & Epstein, L. H. (1998, March). *Adherence effects and health benefits of single versus multiple bouts of brisk walking*. Abstracted in the Society of Behavioral Medicine Conference, New Orleans.
- 4) Myers, M. D., **Raynor, H. A.**, & Epstein, L. H. (1998, March). *The predictors of psychopathology change in obese children*. Abstracted in the Society of Behavioral Medicine Conference, New Orleans.

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- 5) **Raynor, H. A.**, & Epstein, L. H. (1999, March). *The effects of food-related sensory stimulation and metabolic feedback on caloric intake during a meal*. Abstracted in the Society of Behavioral Medicine Conference, San Diego.
- 6) **Raynor, H. A.**, Epstein, L. H., & Gordy, C. C. (1999, March). *Effects of increasing fruits and vegetables and decreasing high-fat and/or high-sugar foods during obesity treatment*. Abstracted in the Society of Behavioral Medicine Conference, San Diego.
- 7) **Raynor, H. A.**, Epstein, L. H., & Kilanowski, C. K. (2001, March). *A cost-analysis of adopting a healthy diet in a family-based obesity treatment program*. Abstracted in the Society of Behavioral Medicine Conference, Seattle.
- 8) **Raynor, H. A.**, & Epstein, L. H. (2003, March). *Acute food deprivation, but not acute food restriction, increases the relative-reinforcing value of food*. Abstracted in the Society of Behavioral Medicine Conference, Salt Lake City.
- 9) **Raynor, H. A.**, Wing, R. R., Phelan, S., & Hill, J. O. (2003, March). *Dietary variety and weight-loss maintenance in the National Weight Control Registry*. Abstracted in the Society of Behavioral Medicine Conference, Salt Lake City.
- 10) **Raynor, H. A.**, Jeffery, R. W., Tate, D. F., & Wing, R. R. (2003, October). *The relationship between changes in food group variety, dietary intake, and weight during obesity treatment*. Abstracted in the North American Association for the Study of Obesity Conference, Fort Lauderdale.
- 11) Gorin, A., **Raynor, H. A.**, Lops, C., & Wing, R.R. (2004, March). *Use of an internet grocery ordering and home delivery service to modify obesogenic homes: A feasibility study*. Abstracted in the Society of Behavioral Medicine Conference, Baltimore.
- 12) **Raynor, H. A.**, Jeffery, R. W., Phelan, S., Hill, J. O., & Wing, R. R. (2004, March). *Food group variety: Successful weight losers versus the National Weight Control Registry*. Abstracted in the Society of Behavioral Medicine Conference, Baltimore.
- 13) **Raynor, H. A.**, & Wing, R. R. (2004, October). *Limiting variety in snacks across days on food intake and liking*. Abstracted in the North American Association for the Study of Obesity Conference, Las Vegas.
- 14) Wing, R., Tate, D., Gorin, A., Robinson, N., & **Raynor, H.** (2004, October). *STOP Regain: A randomized trial of weight maintenance*

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interventions – 6-month results. Abstracted in the North American Association for the Study of Obesity Conference, Las Vegas.

- 15) Gorin, A., **Raynor, H.**, Wing, R., & Chula-Maguire, K. (2005, April). *Decreasing household TV time: A pilot study of behavioral and environmental manipulations.* Abstracted in the Society of Behavioral Medicine Conference, Boston.
- 16) Niemeier, H. N., **Raynor, H. A.**, Lloyd-Richardson, E. E., & Wing, R. R. (2005, April). *Fast-food consumption and breakfast skipping: Risk factors for weight gain from adolescence to adulthood.* Abstracted in the Society of Behavioral Medicine Conference, Boston.
- 17) Wing, R. R., Tate, D. **Raynor, H. A.**, Robinson, N., & Roberts, M. (2005, October). *Can we STOP regain after successful weight loss: 18-month results of a randomized trial.* Abstracted in the North American Association for the Study of Obesity Conference, Vancouver, B.C.
- 18) **Raynor, H. A.**, & Wing, R. R. (2005, October). *Does portion size or amount of food affect consumption?* Abstracted in the North American Association for the Study of Obesity Conference, Vancouver, B.C.